

Remembering Hopefull in your Will means you leave a legacy of aroha and manaakitanga — love and kindness — for those who are struggling with their mental health and wellbeing.

We all face hard seasons. For many of us, support is within reach. But for too many people, it isn't. Research shows the two greatest factors in recovering from a mental health challenge are a strong social support network — friends, family, and meaningful connection — and access to effective, timely care. That's where Hopefull comes in.

Often, our clients have neither. You can help change that.

**We believe everyone deserves the mental health support they need, when they need it.**

Here is how to leave a gift to the work of Hopefull in your Will:

## Step 1: Think about the type of gift

The right gift will look different for everyone — and that's completely okay. Your personal and family circumstances will shape what feels right. We gently encourage you to talk with your loved ones about your decision, so they understand the heart behind it. Your solicitor or professional trustee can help you choose the option that works best for your situation.

## Step 2: Make or update your Will

You can create a Will for free online — we recommend [Everywill](#) — or speak with your solicitor or professional trustee to add a codicil to your existing Will. Here's some suggested wording you can share with your solicitor:

*"I give to Hopefull Charitable Trust (CC223690)*

- [insert number] % of the residue of my estate or*
- [insert number] % of my estate, or*
- the sum of \$ [insert amount], and/or*
- property or assets as follows [insert details]*

*For its general purposes, and I declare that this gift is free of all charges and duties to Hopefull, 42G Constellation Drive, Rosedale, Auckland 0632 for its general purposes and declare that the official receipt of the Chief Executive or other authorised officer of Hopefull shall be full and sufficient discharge to my Executor for all moneys paid under this gift."*

## Step 3: Let the right people know

Letting your loved ones and executors know about your decision is an important step. It ensures your wishes are understood, honoured, and carried out with care.

We'd also love to hear from you personally — so we can thank you and keep you updated on the difference your generosity is making, now and into the future.

No matter the size of your gift, you'll be leaving a life-changing legacy for Aotearoa.

## Ready to take the next step?

If you'd like to talk about leaving a gift in your Will, or have any questions, please reach out to Executive Director, [Nic Gaze](#). Any enquiry is held in complete confidence.